

# Professional Certificate: Working Therapeutically with Clay

Name of Programme	<b>Professional Certificate: Working Therapeutically with Clay</b>
Name of Provider	<b>Dublin Art Therapy College</b> 1a Village Green, Tallaght. D24 EP94
Duration	(CPD: 30 hours) 6 days of in-college face to face training
Times	10.00am – 3.00pm
Dates:	01 Saturday 17 <sup>th</sup> October 2026 02 Saturday 31 <sup>th</sup> October 2026 03 Saturday 07 <sup>th</sup> November 2026 04 Saturday 14 <sup>th</sup> November 2026 05 Saturday 21 <sup>st</sup> November 2026 06 Saturday 28 <sup>th</sup> November 2026
Programme Fee	€900

## Overview of the Working Therapeutically with Clay Programme:

The programme provides an enhanced understanding of the use of the Therapeutic use of Clay through individual and group work. The participants are encouraged to explore the Clay Therapy process.

## Clay Therapy programme is suitable for:

Counsellors & Psychotherapists and other professional who work with children and adults.  
The programme is experiential in nature and there is no prior experience of working with clay required.

## The Learning Outcomes for the Working Therapeutically with Clay programme:

- Concepts in Working Therapeutically with Clay.
- Practical, tactile and experiential experiences.
- Reflective qualities of Clay.
- Use of Clay as in creative expression, self-regulating activity and therapeutic material.
- Experimenting with the many techniques used in creative expression.
- Enhanced personal and professional development using Clay as a therapeutic tool.
- Gain insights and express your feelings using Clay as a therapeutic medium.
- Enable clients to express their feelings whilst working therapeutically with Clay.
- Permanence and embodied qualities of Clay.
- An in-depth exploration of the Clay Therapy process within the therapeutic setting.
- Develop and understanding of the therapeutic nature of working with clay.
- Experience of individual and group experiences.
- Communication through Clay as an alternative to verbal communication.
- Creative object as vessel of feelings.
- Mindfulness experience of working with Clay.
- Personal and transpersonal body memories.

**Facilitator:** Liz Doyle: MSc Creative Art Psychotherapy (Working with Young People), BA (Hons) Counselling & Psychotherapy, Play Therapist with extensive experience and knowledge of working therapeutically with clay in Clinical Practice. MIACP.