

Professional Certificate: Working Therapeutically with Clay

Name of Programme	Professional Certificate: Working Therapeutically with Clay
Name of Provider	Dublin Art Therapy College 1a Village Green, D24 EP94
Duration	(CPD: 30 hours) 6 days of in-college face to face training
Times	10.00am – 4.00pm
Dates:	01 Sunday 10 th November 2024 02 Sunday 17 th November 2024 03 Sunday 24 th November 2024 04 Sunday 01 st December 2024 05 Sunday 08 th December 2024 06 Sunday 15 th December 2024
Programme Fee	€900

Overview of the Working Therapeutically with Clay Programme:

The programme provides an enhanced understanding of the use of the Therapeutic use of Clay through individual and group work. The participants are encouraged to explore the Clay Therapy process.

Clay Therapy programme is suitable for:

Counsellors & Psychotherapists and other professional who work with children and adults.

The programme is experiential in nature and there is no prior experience of working with clay required.

The Learning Outcomes for the Working Therapeutically with Clay programme:

- Concepts in Working Therapeutically with Clay.
- Practical, tactile and experiential experiences.
- Reflective qualities of Clay.
- Use of Clay as in creative expression, self-regulating activity and therapeutic material.
- Experimenting with the many techniques used in creative expression.
- Enhanced personal and professional development using Clay as a therapeutic tool.
- Gain insights and express your feelings using Clay as a therapeutic medium.
- Enable clients to express their feelings whilst working therapeutically with Clay.
- Permanence and embodied qualities of Clay.
- An in-depth exploration of the Clay Therapy process within the therapeutic setting.
- Develop and understanding of the therapeutic nature of working with clay.
- Experience of individual and group experiences.
- Communication through Clay as an alternative to verbal communication.
- Creative object as vessel of feelings.
- Mindfulness experience of working with Clay.
- Personal and transpersonal body memories.

Facilitator: Elisa Dalle Molle, Ceramicist and Author.

Quote from Cornelia Elbrecht: “The clay does not comment, judge, laugh or ridicule. It is simply there. “

Elbrecht, Cornelia. 2013, Trauma Healing at the Clay Field A Sensorimotor Art Therapy Approach, JKP UK.