

What is Sandplay About?

Sandplay - is a powerful form of psychotherapy, which is based on the work of Swiss Child Therapist Dora Kalff and also draws on the psychology of Carl Jung. Sandplay Therapy is effective with clients of all ages and when practiced with a trained therapist works with the unconscious in a way, which is safe and contained.

Sandplay is primarily a non-verbal, non-rational way of working, and may be used alongside talking therapy with adults and play therapy with children. Using an assortment of miniature figures or objects, and a tray containing sand, clients work, or create a picture in the sand, which is a representation of the deeper inner world of the client

Who is AST? – The Association for Sandplay Therapy, Inc. is an *international* professional organisation dedicated to the training and registration of mental health clinicians as Sandplay Therapists in the tradition of the founder of the Sandplay method, Dora Kalff.

The Association grants the designations *Registered Sandplay Therapist, STR and Registered Sandplay Therapist-Consultant, STR-C* to mental health clinicians who have completed training sufficient to practice, or to supervise and teach as a Sandplay Therapists. The Association also certifies training and materials used by STR-S members in their teaching.

The **Association for Sandplay Therapy** is founded on the core principles of clarity of mind, heart and action in Sandplay Therapy, with full acknowledgement that it is a great responsibility and an honour to practice Sandplay. In order to bring these qualities to our Sandplay work, Association Members recognise that we must live our lives with personal and communal integrity, with kindness, loving compassion, humility, transparency and playfulness.

The **Association** is overseen by a **Council of Mentors** who dispatch duties of business and management on behalf of the Association and serve as a body of wisdom to hold and guide the Association.

It is vital that therapists using this modality are trained to a high standard. **Soul Encounters** offers an Association of Sandplay Therapy (AST) endorsed course of 120 theory hours, which is designed not only to be educational but also deeply transformative. The training starts right at the beginning, with the basics of sandplay and builds gradually to an advanced level. You are changed as you learn!

Specialised Certification Training



Who can Train to be a Sandplay Therapist?

You will already, have preferably, obtained postgraduate qualifications to work with clients therapeutically.

Postgraduate education in mental health treatment, such as psychotherapy, counseling, art therapy or social work is usually a requirement. However, just as important is a willingness to grow, learn and change as a practitioner.

The AST will grant membership status (MAST) while you are undergoing training and upon completion of the training requirements, you will be able to apply for registration as a Sandplay Therapist (STR-R) status with the Association.

What will the training involve?

Training will cover 15 days (120 Hours) and take place over 3 Modules of 5 days.

Details of each module will be provided upon registration. You will receive all the theory required for AST registration, which will include topics such as:

- Introduction to Sandplay Therapy
- Jungian Psychology
- Neuroscience in Sandplay
- Use of Symbols in Sandplay
- Understanding & Tracking the Process of Sandplay
- Case Studies
- Working with Children and Adults

Dublin

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THERAPY

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Specialised Certification Training

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Association of

Sandplay Therapy (AST)

**CERTIFIED
SANDPLAY
TRAINING**

Registered Sandplay Therapist

with the **Association of Sandplay Therapy**

The **Association** grants the designations . . .

Registered Sandplay Therapist, STR

Registered Sandplay Therapist-Consultant, STR-C

Dublin Art Therapy College.com

email: dublinarttherapystudio@gmail.com

For full certification, participants will, in addition to this course work, be required to have 12 Personal Sandplay sessions with a Registered Sandplay Therapist and 50 Hours of Consultation. The Personal sessions must be done in person while the Consultation hours may be done online. Arrangements for this can be done at Trainee's convenience in liaison with their respective Therapist or Consultant. AST will provide support and guidance throughout the training.

Who will provide the training?

Facilitated by Eunice Stagg MA, RST, CST, MBACP Snr. Accredited. Eunice is a Registered Sandplay Therapist – Consultant & Teacher for The Association for Sandplay Therapy. Eunice is a Senior Accredited Counsellor/Psychotherapist with the British Association of Counselling and Psychotherapy (BACP) and has conducted Sandplay trainings in Africa, India, New Zealand, Malaysia Singapore and many other countries worldwide.

Dates for Course work:

First Module: 18th, 19th, 20th, 21st, and 22nd March 2019

Second Module: 15th, 16th, 17th 18th and 19th July 2019

Third Module: 7th, 8th, 9th, 10th and 11th October 2019

Venue: Dublin Art Therapy College,
ACE Enterprise Park, Clondalkin, Dublin 22.

Costs: for the 15 day course and theory work is €3,500.

Fees cover:

- Trainer's fees and expenses for three (3) trips.
- Training facilities
- Training materials
- Coffee/Tea/Fruit/Biscuits freely available
- Administrative costs

Withdrawal

Our contractual commitment to our trainer is towards the completion of the 15 days training over three (3) trips. In registering for this training, you are also agreeing to commit to fully participate to complete the course work. The group size is small and thus any withdrawal will have an impact to the remaining participants. As such we will not be able to accede to any requests for refunds.

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Dublin Art Therapy Studio & College

Registration Form:

AST Certified Sandplay Training 2018

Name: _____

Address: _____

Date of Birth: _____ Phone: _____

Passport Size Photo (x 2): _____ Email: _____



Please provide details and copies of certification of your experience and qualifications along with **two** professional references. Two passport sized photographs, a copy of your Drivers License, Passport or other form of identification along with your PPS number.

Please also submit a letter of application outlining why you would like to participate on the Certified Sandplay Training Course to include; relevant experience, why you think might be suited to training as a Certified Sandplay Therapist and anything you consider that may be able to contribute to the course.

To apply for a place on the **Certified Sandplay Training Course**, facilitated by internationally renowned Eunice Stagg, MA, RST, CST, MBACP Snr. Accredited. Eunice is a Registered Sandplay Therapist – Consultant & Teacher for The Association for Sandplay Therapy. Eunice is also a Senior Accredited Counsellor/Psychotherapist (BACP) - **please submit** the above information along with a deposit of €500. Please email dublinarttherapystudio@gmail.com for Bank Transfer Details.

Alternatively

Cheques or Postal Orders to be made payable to: **'DUBLIN ART THERAPY COLLEGE'**

Please send your cheque/PO plus this form to:

Jean Strong, Director, Dublin Art Therapy College, 36 Rowanbyrn, Blackrock, Co. Dublin